



SIMPKINS FAMILY SWIM CENTER

JULY 24 2025 - OCTOBER 19 2025





Simpkins Family Swim Center

979 17th Avenue

Santa Cruz, California 95065

Phone: 831.454.7960

Email: swimcenter@scparcs.com

Social Media: [@simpkinsfamilyswimcenter](https://www.instagram.com/simpkinsfamilyswimcenter)



CONTENTS

- 1 ADMISSION FEES
& MEMBERSHIP PASSES
- 2 POOL INFORMATION
- 3 HOURS
- 4 ADULT CLASSES
- 7 RULES & GUIDELINES





ADMISSION FEES & MEMBERSHIP PASSES

| Program | Ages | Single Entry | Multi Entry Passes | | |
|-------------------------------|-------------------|--------------|-------------------------|-------------------------|-------------------------|
| | | | 10 Entries | 30 Entries | 50 Entries |
| Lap Swim | Youth ages 7-12 | \$5 | \$45 | | \$213 |
| | Seniors ages 65+ | | <i>\$4.50 per entry</i> | | <i>\$4.26 per entry</i> |
| | Adults ages 13-64 | \$8 | \$72 | | \$343 |
| | | | <i>\$7.20 per entry</i> | | <i>\$6.86 per entry</i> |
| Open Swim and Recreation Swim | Infants ages 0-3 | Free | | | |
| | Youth ages 4-12 | \$5 | \$50 | \$135 | |
| | Seniors ages 65+ | | <i>\$5 per entry</i> | <i>\$4.50 per entry</i> | |
| | Adults ages 13-64 | \$8 | \$50 | \$135 | |
| | | | <i>\$5 per entry</i> | <i>\$4.50 per entry</i> | |
| Adult Fitness | Adults ages 16+ | \$9 | \$81 | | \$382 |
| | | | <i>\$8.10 per entry</i> | | <i>\$7.64 per entry</i> |
| Water Aerobics | Adults ages 16+ | \$9 | \$81 | | \$382 |
| | | | <i>\$8.10 per entry</i> | | <i>\$7.64 per entry</i> |

- All individuals entering the facility must pay the entry fee.
- Entry fees are waived for any caregivers accompanying disabled persons for the purpose of providing them with assistance as they use the facilities.
- All multiple-entry passes are valid for one year from most recent purchase/renewal.
- Prices are subject to change.



POOL INFORMATION

LAP SWIM

Lap swimming is any continuous movement through the water: walking, jogging, or swimming. All lap lanes are shared spaces. Circle-Swimming is required of all whenever more than 2 are sharing a lane. Maximum of 5 swimmers per lane. Some lanes may be reserved for classes and clubs. Ages 7+. Youth lap swimmers (12 and under) must be accompanied by an adult in the facility and be able to swim 25 yards.

WARM WATER OPEN SWIM

Open Swim takes place in the Warm Water Pool, heated to 88°F year round. All ages*.

LOW STIMULATION OPEN SWIM

During these hours, the warm water pool and first lane of the lap pool are designated for low stimulation use for the benefit of swimmers with disabilities, special needs, or anyone who would benefit from a quieter environment with less sensory stimulation. All ages*.

FAMILY RECREATION SWIM

Family Recreation Swim includes the Warm Water Pool, Spray Zone, and 1 to 2 shallow lanes of the lap pool for recreation/play use. The Wibit inflatable obstacle course may be available on select days. Pool toys and floatation devices may not be permitted during Recreation Swim hours if the pool is crowded. All ages*. Offered seasonally.

ACCESSIBILITY

The Warm Water Pool features a zero-depth entry ramp and a water wheelchair is available for use. Two stationary pool lifts and one mobile lift are available for entry and exit into any pool. Locker room facilities include ADA-compliant showers, a changing bed, and restrooms.

**Please see our Rules & Guidelines for policies & requirements concerning children and non-swimmers.*





POOL HOURS

JUNE 9TH - AUGUST 10TH

| | Lap Swim | Warm Water Open Swim | Rec Swim | Low Stimulation Open Swim |
|------------------|--------------|-------------------------------|---------------|---------------------------|
| Monday | 6am - 7:30pm | 6am - 9am 6pm - 7:30pm | 1pm - 3:30pm | |
| Tuesday | 6am - 7:30pm | 6am - 9am 5pm - 7:30pm | 1pm - 3:30pm | |
| Wednesday | 6am - 7:30pm | 6am - 10:30am 6pm - 7:30pm | 1pm - 3:30pm | |
| Thursday | 6am - 7:30pm | 6am - 9am 5pm - 7:30pm | 1pm - 3:30pm | |
| Friday | 6am - 7:30pm | 6am - 10:30am 6pm - 7:30pm | 1pm - 3:30pm | |
| Saturday | 9am - 4pm | 9am - 12pm | 12:30pm - 4pm | |
| Sunday | 9am - 4pm | 9am - 11am | 12:30pm - 4pm | 11am - 12:30pm |

UPCOMING SCHEDULE CHANGES:

- **July 4th**
 - Regular Programming 9:00-12:00pm
 - FREE Rec Swim 12:30-4:00pm
- **June 18th + July 9th + July 30th**
 - Warm Water Open Swim 6am-12:30pm



POOL HOURS

AUGUST 11TH-OCTOBER 19TH

| | Lap Swim | Warm Water Open Swim | Low Stimulation Open Swim |
|------------------|--------------|----------------------------|---------------------------|
| Monday | 6am - 7:30pm | 6am - 9am 12pm - 7:30pm | |
| Tuesday | 6am - 7:30pm | 6am - 7:30pm | |
| Wednesday | 6am - 7:30pm | 6am - 9am 1pm - 7:30pm | |
| Thursday | 6am - 7:30pm | 6am - 7:30pm | 2pm-4pm |
| Friday | 6am - 7:30pm | 6am - 9am 11am - 7:30pm | |
| Saturday | 9am - 4pm | 9am - 4pm | |
| Sunday | 9am - 4pm | 9am - 4pm | |

UPCOMING SCHEDULE CHANGES:

- **August 16th**
 - 9am-11am CLOSED
 - 11am-4:00pm Parks + Rex Dog Pool Party
- **August 17th**
 - Pool CLOSED for Maintenance (*All day 9am-4pm*)
- **September 1st**
 - 9am-12pm Normal Hours
 - 12:30pm-4pm Free Community Swim
- **October 18th**
 - 9am-11:30am Normal Hours
 - 12pm-4pm Floating Pumpkin Patch





ADULT CLASSES

ADULT FITNESS CLASS

Participate in an organized lap swim workout intended to increase muscular strength, aerobic endurance, stroke technique and build overall fitness! Qualified coaches offer in-depth analysis and feedback on your stroke and help direct you to a lane with swimmers of similar ability and experience.



WATER AEROBICS

Water aerobics classes provide high intensity workouts and are an excellent way to meet your fitness goals with less impact on your joints. Classes are designed to appeal to all levels of ability.

Aqua Running

This water aerobics class is a full-body workout involving the legs, arms, shoulders, and core muscles.

Deep Water Workout

Come join us for a dynamic total-body workout without impact on the joints. This water aerobics class emphasizes good body mechanics, endurance training, and stretching.

Shallow Water Toning

All levels. This water aerobics class focuses on cardio conditioning, muscle tone, flexibility, and strength in chest deep water.

Class offerings and schedule subject to change.



ADULT CLASS SCHEDULE

AQUATICS FITNESS CLASSES

Participate in an organized lap swim workout intended to increase muscular strength, aerobic endurance, stroke technique and build overall fitness!

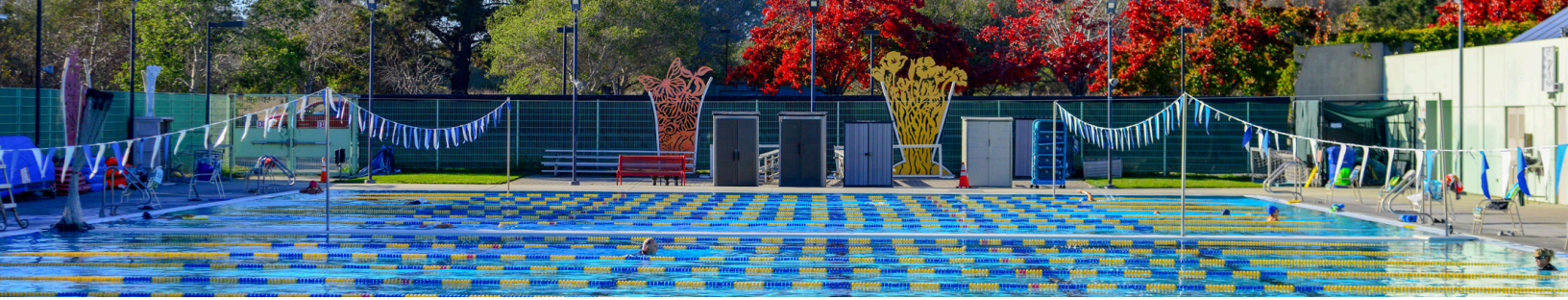
| | | | |
|-----------|-----------------------------|----------------------------|----------|
| Monday | 6:00am-7:15am With Mike | 7:15am-8:30am With Mike | 12pm-1pm |
| Wednesday | 6:00am-7:15am With Mike | 7:15am-8:30am With Mike | 12pm-1pm |
| Friday | 6:00am-7:15am With Mike | 7:15am-8:30am With Mike | 12pm-1pm |
| Saturday | 9:00am-10:15am With Mike | | |

WATER AEROBICS CLASSES

Water aerobics classes provide high intensity workouts and are an excellent way to meet your fitness goals with less impact on your joints. Classes are designed to appeal to all levels of ability.

| | Aqua Running | Deep Water Workout | Shallow Water Toning |
|-----------|--------------------------------|----------------------------|-------------------------------|
| Monday | | 12pm – 1pm with Erin | |
| Tuesday | | 12pm – 1pm with Karissa | |
| Wednesday | | 12pm – 1pm with Erin | |
| Thursday | 12pm – 1pm with Camile | | |
| Friday | 6:15pm – 7:15pm with Camile | 12pm – 1pm with Jay | |
| Saturday | | | 9:15am – 10:15am with Neli |

- Class offerings and schedule subject to change.



ADULT CLASS SCHEDULE

AQUATICS FITNESS CLASSES

Participate in an organized lap swim workout intended to increase muscular strength, aerobic endurance, stroke technique and build overall fitness!

Monday, Wednesday, and Friday

6am – 7:15am with Mike

7:15am – 8:30am with Mike

Saturday

9am – 10:15am with Mike

WATER AEROBICS CLASSES

Water aerobics classes provide high intensity workouts and are an excellent way to meet your fitness goals with less impact on your joints. Classes are designed to appeal to all levels of ability.

| | Aqua Running | Deep Water Workout | Shallow Water Toning |
|-----------|---------------------------------|----------------------------|-------------------------------|
| Monday | | 12pm – 1pm with Erin | |
| Tuesday | | 12pm – 1pm with Karissa | |
| Wednesday | | 12pm – 1pm with Erin | |
| Thursday | 12pm – 1pm with Camile | | |
| Friday | *6:15pm – 7:15pm with Camile | 12pm – 1pm with Jay | |
| Saturday | | | 9:15am – 10:15am with Neli |

- Class offerings and schedule subject to change.
- * Friday evening classes will begin 6/20

RULES & GUIDELINES

- No swimming without a lifeguard on duty.
- Walk, do not run.
- Keep pathways and pool ladders clear. Only one person on a ladder at a time.
- Do not hang onto the Lane lines or Swim Ropes.
- Keep the Warm Water Pool peninsula clear.
- **Children & Non-swimmers:** Children age 12 and under must be accompanied by an adult at all times while in the facility. Children not yet toilet trained must wear swim diapers or plastic swim pants over their diapers at all times. Non-swimmers must always be accompanied by an adult.
- **Children ages 13 – Pool Access Policy:** Children aged 13 and over may use the pool without an accompanying adult; however, they must provide proof of age. A school ID is an acceptable form of identification. Appropriate behavior is expected from all patrons. If disruptive or inappropriate behavior occurs, the child may be asked to leave the facility.
- No diving. Look before you jump into the pool. Please face forward when jumping into the pool, no spinning. Cannonballs are not allowed in the warm water pool, or in any pool if deemed unsafe by the lifeguard.
- No aggressive behavior, fighting, or rough play. Do not fake drown. Please do not carry another swimmer on your back or shoulders.
- Help us keep our community healthy! Please do not enter the pool if you are ill or have open wounds or rashes.
- Please use the locker rooms to change in/out of your swim attire. There are changing tables for infants and small children located in all restrooms in the ADA stalls.
- Food and Drinks are permitted in the Food Court Area only. Glass containers are not allowed at the facility. No gum chewing.
- Bicycles, skateboards, roller blades, etc. are not allowed on the pool deck. Please use the racks by the entrance to secure your bicycle. Skateboards and roller blades should be stored in a bag if brought onto the pool deck.
- Pool toys and floatation devices may be used during Recreation Swim only at the discretion of the lifeguards. They may not be permitted if the pool is crowded.





SIMPKINS FAMILY SWIM CENTER



CONTENTS

- 1 ADMISSION FEES
& MEMBERSHIP PASSES
- 2 POOL INFORMATION
- 3 HOURS
- 4 ADULT CLASSES
- 7 RULES & GUIDELINES



POOL INFORMATION

LAP SWIM

Lap swimming is any continuous movement through the water: walking, jogging, or swimming. All lap lanes are shared spaces. Circle-Swimming is required of all whenever more than 2 are sharing a lane. Maximum of 5 swimmers per lane. Some lanes may be reserved for classes and clubs. Ages 7+. Youth lap swimmers (12 and under) must be accompanied by an adult in the facility and be able to swim 25 yards.

WARM WATER OPEN SWIM

Open Swim takes place in the Warm Water Pool, heated to 88°F year round. All ages*.

LOW STIMULATION OPEN SWIM

During these hours, the warm water pool and first lane of the lap pool are designated for low stimulation use for the benefit of swimmers with disabilities, special needs, or anyone who would benefit from a quieter environment with less sensory stimulation. All ages*.

FAMILY RECREATION SWIM

Family Recreation Swim includes the Warm Water Pool, Spray Zone, and 1 to 2 shallow lanes of the lap pool for recreation/play use. The Wibit inflatable obstacle course may be available on select days. Pool toys and floatation devices may not be permitted during Recreation Swim hours if the pool is crowded. All ages*. Offered seasonally.

ACCESSIBILITY

The Warm Water Pool features a zero-depth entry ramp and a water wheelchair is available for use. Two stationary pool lifts and one mobile lift are available for entry and exit into any pool. Locker room facilities include ADA-compliant showers, a changing bed, and restrooms.

**Please see our Rules & Guidelines for policies & requirements concerning children and non-swimmers.*





ADULT CLASSES

ADULT FITNESS CLASS

Participate in an organized lap swim workout intended to increase muscular strength, aerobic endurance, stroke technique and build overall fitness! Qualified coaches offer in-depth analysis and feedback on your stroke and help direct you to a lane with swimmers of similar ability and experience.



WATER AEROBICS

Water aerobics classes provide high intensity workouts and are an excellent way to meet your fitness goals with less impact on your joints. Classes are designed to appeal to all levels of ability.

Aqua Running

This water aerobics class is a full-body workout involving the legs, arms, shoulders, and core muscles.

Deep Water Workout

Come join us for a dynamic total-body workout without impact on the joints. This water aerobics class emphasizes good body mechanics, endurance training, and stretching.

Shallow Water Toning

All levels. This water aerobics class focuses on cardio conditioning, muscle tone, flexibility, and strength in chest deep water.

Class offerings and schedule subject to change.

RULES & GUIDELINES

- No swimming without a lifeguard on duty.
- Walk, do not run.
- Keep pathways and pool ladders clear. Only one person on a ladder at a time.
- Do not hang onto the Lane lines or Swim Ropes.
- Keep the Warm Water Pool peninsula clear.
- **Children & Non-swimmers: Children** 12 or younger must be accompanied by an adult. Children not yet toilet trained must wear swim diapers or plastic swim pants over their diapers at all times. Non-swimmers must always be accompanied by an adult.
- No diving. Look before you jump into the pool. Please face forward when jumping into the pool, no spinning. Cannonballs are not allowed in the warm water pool, or in any pool if deemed unsafe by the lifeguard.
- No aggressive behavior, fighting, or rough play. Do not fake drown. Please do not carry another swimmer on your back or shoulders.
- Help us keep our community healthy! Please do not enter the pool if you are ill or have open wounds or rashes.
- Please use the locker rooms to change in/out of your swim attire. There are changing tables for infants and small children located in all restrooms in the ADA stalls.
- Food and Drinks are permitted in the Food Court Area only. Glass containers are not allowed at the facility. No gum chewing.
- Bicycles, skateboards, roller blades, etc. are not allowed on the pool deck. Please use the racks by the entrance to secure your bicycle. Skateboards and roller blades should be stored in a bag if brought onto the pool deck.
- Pool toys and floatation devices may be used during Recreation Swim only at the discretion of the lifeguards. They may not be permitted if the pool is crowded.

