



Simpkins Family Swim Center  
979 17<sup>th</sup> Avenue, Santa Cruz, CA 95062  
831.454.7960  
[swimcenter@scparks.com](mailto:swimcenter@scparks.com)  
[scparks.com](http://scparks.com)

# Little Guards

## Program Overview and Parent Resource Guide



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## Little Guards Overview

The Santa Cruz County Parks Little Guard program will provide your child with an understanding of the skills required to become aquatically proficient by emphasizing fun and physical fitness through a variety of activities but specifically aimed at children ages 5 & 6. All the sessions will consist of conditioning activities on land, swimming lessons and activities either in the Warm Water Pool or Splash Down pool (both heated to 88 degrees), lifeguard demonstrations and special activity days.

## Registration

Registration is available online at [scparks.com](http://scparks.com) or by phone. In-person registration is not available at this time. Please see the Little Guards Fees document for the exact registration date.

## Prerequisites

Children ages 5 to 6 may participate in the Junior Guards Program.

To ensure participants have the endurance and skills to safely partake in the program, all participants must be at the Guppy Level of our Swim Lessons. These skills include capability of fully submerging face, blowing bubbles for five to ten seconds two times in a row, and floating and kicking on front and back in shallow water with support.

## Sessions

A total of 6 sessions are offered. Each session is held in the morning or the afternoon on weekdays throughout 3 weeks. *Please note, the program will not be held on July 4<sup>th</sup> in observance of Independence Day.*

### Morning Session:

- Time: 9am-1pm
- Check-In: Participants may not arrive earlier than 8:45am.

### Afternoon Session:

- Time: 2pm-5pm
- Check In: Participants may not arrive earlier than 1:45pm.

To create the best and safest experience for all our campers, each session will have a maximum of 30 participants.

## Fees

You are a nonresident if you live outside of Santa Cruz County; in one of the 4 cities in the County (Santa Cruz, Capitola, Watsonville, Scotts Valley); or in one of the Special Recreation Districts (Alba and La Selva Beach).

A 15% sibling discount is available for any siblings registered in any combination of session(s). Discount



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applies additional registration(s) of a lower amount.

#### **Cancellation Policy Fees:**

Please plan your schedule carefully to keep transfers and cancellations to a minimum. A \$5.00 fee will be charged when withdrawing from an activity. A \$5.00 processing fee will also be charged for any refunds back to a credit card. Make-up lessons are not available if your child is absent

#### **Junior/Little Guards and All Aquatic Camps Refund Policy:**

More than 3 weeks prior to start of the program: A \$50 cancellation fee.

Less than 3 weeks prior to start of program: 50% cancellation fee.

After the 2nd day of the program: refunds or credits will not be given

#### **Uniform Requirements**

The participant uniform consists of:

- Little Guard T-Shirt
- Athletic Swim Trunks/Shorts/One Piece
- Closed Toed Athletic Shoes

A Little Guard T-Shirt will be provided on the first day of program. Program hoodies, sweatpants, and additional t-shirts will be available for purchase at the Simpkins Family Swim Center front desk.

#### **Program Structure**

Staff will distribute a weekly calendar each Monday of the session via email. A limited number of printouts will be available at drop-off & pick up. The calendar will provide information on that week's special activities and/or field trips, including important information parents need to be aware of. Program highlights include daily water exercise, kayak and paddleboard use, and a beach day field trip.

#### **Drop Off and Pick Up Procedure**

Parents, guardians, or another designated adult must present a valid photo ID at check-out.

Drop off and pick up at the Little Guard Courtyard. If you have children participating in both the Junior Guard and Little Guard programs, please enter through the orange gate and check in your Junior Guard at the kiosk first, then check in your Little Guard at the Little Guard Courtyard.

#### **Questions?**

If you have any questions, please email [swimcenter@scparks.com](mailto:swimcenter@scparks.com) or call us: 831-454-7953.